



	Entry requirements	Key Objectives	Syllabus – key elements	Outcome	Number of sessions	Cost
uSail Start Sailing	Nil.	Have fun building knowledge and skills of sailing; understand and practise basic sailing manoeuvres; have some exposure to the challenge and thrills of sailing. Introduce outboard motor operation	Basic elements of sailing; how to hold a course; how to trim sails; practice tacking and gybing as helm and crew; rigging/de-rigging and basic terminology and docking.	Can control a sailing vessel in light to moderate conditions & understand basic sailing concepts and theory.	5 training sessions,(Tu, Th, Tu,Th, Sa,) or 4 weekend sessions Sat/ Sun, Sat/ Sun	€330
uSail Refresher	For people who are returning to sailing, or wish to build on dinghy sailing skills	Revise & refresh previous sailing skills. Introduce outboard motor operation	Full revision of basic and more advanced skills, keelboat rigging, procedures and best practice	Personal sailing skills refreshed; clarity over where to go next, comfortable in keelboats	4 training sessions (Th, Sa,Th, Sa) or week in Aug 2pm - 5pm	€260
uSail Further	Have completed a “Go Sailing” course, or can satisfy Sailing Manager with evidence of suitable sailing experience	Build confidence and sailing skills; learn more advanced aspects of sailing and sail trim including the spinnaker; provide more time on the water in different weather conditions	Practice all sailing manoeuvres; changing and reefing sails; spinnaker ; and advanced sail trim; coming alongside and leaving a marina berth; anchoring and picking up a mooring. Outboard operation.	Can launch, recover and control a sailing keelboat on all points of sailing, in moderate conditions.; Understanding of Spinnaker set and douse. Basic anchoring and basic safety procedures.	6 training sessions (Th, Sa, Th, Sa, Th, Sa) or 5 weekend training sessions Sat/ Sun, Sat/ Sun, Sat 9:30 - 1:30pm	€375
uSail Racing Skills	Have completed a “Sail Further” course, or can satisfy Sailing Manager with evidence of suitable sailing experience	Build knowledge and develop skills necessary to crew on racing keelboats, and help participants improve their racing performance. Race one month of a DBSC Tuesday evening race series	Introduction to Racing rules, sailing instructions, starts, mark rounding, crew co-ordination,sail trim, mainsheet/traveller, reefing, spinnaker hoists, drops, gybes. Race tactics; crew teamwork; weather forecasts and sail plan; wind and tidal stream effects; positioning v. other boats; protests and advanced sail trim	Capable of joining keelboat racing as competent crew with a strong understanding of sailboat racing and practised teamwork	1 full day race preparation/ introduction to racing session, 1 month of DBSC Tuesday evening races on Dublin Bay	€340 /€390 5/6 sessions