



**Royal St. George
Junior Regatta
13th July 2016**

SAILING INSTRUCTIONS

1. RULES

1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS), Part 1 of the Equipment Rules of Sailing, and relevant Class Rules.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board located outside the results office in the Royal St. George Yacht Club.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to the Sailing Instructions will be posted before 09.30hrs. on the day it will take effect, except that any change to schedule of races will be posted by 20.00hrs on the day before it will take effect. Such changes may include bringing forward the start time of a race.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the club flagstaff located on the foreshore of the Royal St. George Yacht Club.

4.2 Flag "AP" over numeral pennant 1(2, 3 etc.) with two sound signals means that racing is postponed by one hour (two, three etc.). This changes Racing Signal AP.

5. SCHEDULE OF RACES

5.1 There are three races scheduled for each fleet




5.2

Main Fleet	Class	Warning gun for 1st Race
	Optimist	11.00
	Feva/ Topper	11.05
	Laser/ PY	11.10

Harbour Fleet	Class	Warning gun for 1st Race
	Optimist	11.30
	Feva/ Topper	11.35
	PY	11.40

5.3 No warning signal will be made after 15.00hrs, except in the case of a race where a postponement, abandonment or general recall has been signaled.

6. CLASS FLAGS

Class	Flag
Optimist Main/ Harbour	 O
Feva/ Topper	 F
Laser/ PY	 J

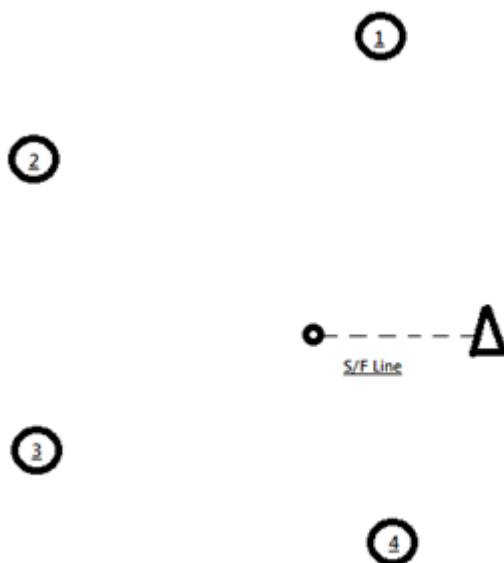
7. RACING AREA

7.1 The harbour fleet will race in Dun Laoghaire Harbour.

7.2 The Main fleet races will be held on Dublin Bay and the approximate location will be advised during the briefing.

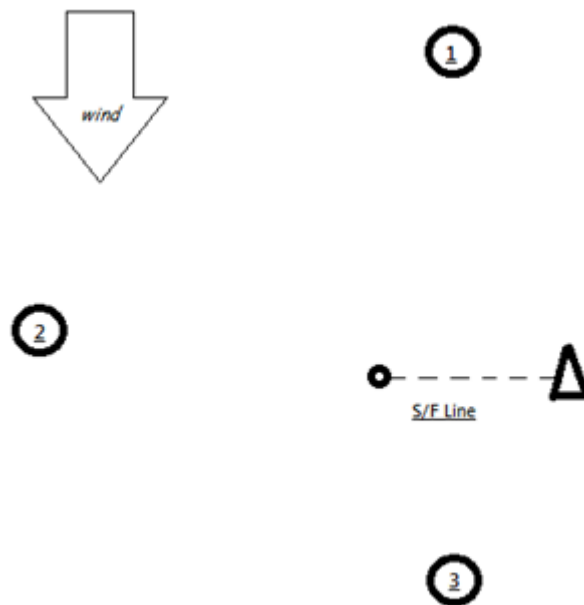
8. THE COURSES

Main Fleet



Fleet	Course to be sailed
Optimist	1-2-3-4-1-4-F
Feva/ Topper	1-2-3-4-1-2-3-4-F
Laser/ PY	1-2-3-4-1-2-3-4-F

Harbour Fleet



- 8.1 The race committee flagship will display the Royal St. George Burgee.
- 8.2 The number of rounds for the harbor fleet will be displayed on a board from the Flagship at or before the warning signal.

9. MARKS

- 9.1 The Main Fleet marks 1,2,3 & 4 shall be orange Cylindrical
- 9.2 The Harbour Fleet marks 1,2 & 3 shall be Yellow Round
- 9.3 The Start/Finish Mark shall be Candy Striped.
- 9.4 All marks shall be rounded to port.

10. THE START

- 10.1 Races will be started in accordance with RRS 26.
- 10.2 The Starting line will be between the main mast of the Flagship displaying an Orange Flag at the Starboard end, and the Start Mark at the Port end.
- 10.3 To alert boats that a race will begin soon, the Orange starting line flag will be displayed with one sound signal at least 5 minutes before a warning signal is made.
- 10.4 An inner distance mark may be laid. A boat shall not pass between such mark and the mark or boat it protects.
- 10.5 A boat shall not start later than 5 minutes after her starting signal. A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.

10.6 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11. STARTING PENALTIES

11.1 If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing, but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes rule 26 Starting Races and RRS 63.1.

11.2 When flag U is used as the preparatory signal rule 29.1 Individual Recall does not apply. The scoring abbreviation for a flag U penalty is UFD (U Flag Disqualified). This changes A.11 Scoring Abbreviations.

12. SHORTENING COURSE

12.1 If it is necessary to reduce the number of laps, indicated for a race, the Race Committee will display Flag S in the vicinity of the leeward mark while making repetitive sound signals. Boats should leave the mark to port and sail directly to the finishing line, which will be signaled by a Finishing Vessel displaying a Blue Flag. If Flag S is flown over a class flag then the shortening applies to that class only. The finishing line will be between the mast of the Finishing vessel displaying a Blue flag and the finishing mark, this adds to Rule 32.2

13. CHANGE OF THE NEXT LEG OF THE COURSE

13.1 To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. The change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position. When, in a subsequent change, a new mark is replaced, it will be replaced by an original mark.

14. THE FINISH

14.1 The finishing line will be between the main mast of the Flagship and the finish mark. The Flagship will display a blue flag.

15. TIME LIMITS

15.1 The time limit for races will be 60 minutes, except that all boats must finish within 20 minutes after the first boat finishes. Boats failing to finish within 20 minutes of the first finishing boat will be scored DNF without a hearing. This changes RRS 35, A4.1 and A5.

16. PROTESTS AND REQUESTS FOR REDRESS

16.1 Protest forms are available at the race office

16.2 Protests and requests for redress or reopening shall be delivered there within the appropriate time limit

16.3 For each class,

16.4 Notices will be posted on the notice board no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located adjacent to the race office.

16.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

17. SCORING

17.1 One race will constitute a series.

18. SAFETY REGULATIONS

18.1 A boat that retires from a race shall, where possible, notify the flagship before leaving the race area. She shall not leave the racing area without clearance from the Safety Officer.

19. EVENT ADVERTISEMENT

19.1 Boats shall display any/all relevant advertisement as specified by sponsors.

20. RADIO COMMUNICATIONS

20.1 The Main Fleet will communicate on Channel 76.

20.2 The Harbour Fleet will communicate on Channel 75.

20.3 Safety Officer for Main Fleet will communicate on Channel 74.

21. SUPPORT BOATS

21.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

21.2 All support boats shall register at the Race Office prior to taking to the water.

22. PRIZES

22.1 Will be specified on the day

23. DISCLAIMER OF LIABILITY

23.1 Competitors participate in the championship entirely at their own risk. See Rule 4, Decision to Race. No responsibility shall be accepted by the Royal St. George Yacht Club, or any of their directors, officers, members, servants or agents, nor any sponsor, nor those officials connected with the event, for any loss, damage, or other claim of whatever nature sustained in conjunction with, prior to, during, or after the championship.

24. INSURANCE

24.1 Each boat's owner(s) and competing crews shall ensure that they are adequately insured against loss, damage or injury to persons, boats or equipment at all times and however occurring and maintain adequate insurance cover for racing risks. All owners/competitors who sign the entry and

registration form are deemed to have made a declaration that they hold such cover.

25. ADDITIONAL INFORMATION

25.1 Competitors are advised to be aware of any commercial vessels entering or departing the harbour