



**Royal St. George Yacht Club**

# **SAILING INSTRUCTIONS**

## **The President's Cup 2019**

Incorporating the

**Hansa 303 Irish National Championship 2019**

**Saturday & Sunday 17<sup>th</sup> + 18<sup>th</sup> August 2019**

# SAILING INSTRUCTIONS

## 1. Rules

The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification

**1.1** The event will be governed by the Racing Rules of Sailing, the IS Prescriptions, and these Sailing Instructions.

**1.2** The Organising Authority (OA) is the Royal St George Yacht Club ( R. St. G.Y.C.) in association with Sailability Ireland. The OA may alter the format of racing in order to obtain as fair a result as possible.

**1.3** Racing rules 26, 28.1, 32, 35, A4, A5, 40, 41, 44.1, 60.1(a) & (b), 62.1(a), 62.2, 63.1 66 will be changed. The changes are detailed in full in each of the sailing instructions that are identified here.

**1.4** Class rules will not apply. In addition, Classes are not permitted to use spinnakers in this regatta.

**1.5** The regatta is a sailing event to facilitate people with a physical, sensory or intellectual disability to sail together in competition. To facilitate this, boats sailed shall be crewed in the following way:-

2.4mR                1 Disabled helm

Squib                1 Disabled helm plus 2 crew

Hansa 303           2 disabled sailors or 1 disabled sailor and 1 able bodied sailor for President's Cup & Championship

**1.6** President's Cup teams should consist of four boats ( 1 Hansa , 1 2.4 and 2 Squibs ) as listed above and crewed accordingly.

## 2 NOTICES TO COMPETITORS

**2.1** Notices to competitors will be posted on the official notice board(s) located outside the Race Office in the Royal St George Y.C.

## 3 ALTERATIONS TO SAILING INSTRUCTIONS

**3.1** Any change to the Sailing Instructions will be posted on the notice board outside the Race Office not less than one hour before the scheduled time of racing each day.

## 4 SIGNALS MADE ASHORE

**4.1** Signals made ashore will be displayed on the flagpole next to the boatpark

**4.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes'.

## 5 SCHEDULE

**5.1** The Competitor's Briefing will be held in the Club Room at **09 -30 am** on Saturday, 17<sup>th</sup> August.

**5.2** President's Cup will use Race Course A and six races are scheduled.

Hansa 303 Irish championships will use Race Course B and six races.

There may also be one single handed race which does not count towards championship.

This may be on either Saturday or Sunday after the race schedule – weather permitting.

### 5.3



Saturday, 17 <sup>th</sup> August – Schedule	President's Cup	Hansa
Race 1 - Warning signal	12 noon	12 noon
Race 2&3 - Will take place as soon as possible on the completion of the preceding race		

Sunday, 18 <sup>th</sup> August – Schedule	President's Cup	Hansa
Race 1 - Warning signal	11 am	11 am
Race 2&3 - Will take place as soon as possible on the completion of the preceding race		

Hansa 303 Single handed Race may take place on either day, and will take place as soon as possible after race 3 and the crew changes

5.4 There will be no warning signal made after 15:00 on Sunday, 18<sup>th</sup> August.

### 6 CLASS FLAGS

Race Course A	President's Cup (Multi Fleet)	Class Flag D 
Race Course B	Hansa 303 Irish National Championship	Class Flag E 

### 7 RACE AREA

Depending on wind strength and direction, the event is to be sailed either in Dun Laoghaire Harbour or outside in Dublin Bay in the vicinity of the harbour. Details of the race areas will be confirmed at the Competitor Briefing on Saturday morning.

### 8 COURSE

The course configuration on Race Course A & B are described in Appendix A.

The type of course and laps to be sailed will be indicated by:

8.1 The diagrams in Attachment A and B below show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 **Course T: Triangle** will be signaled by a Board displaying the letter "T" and a number indicating the number of rounds to be sailed.

8.3 **Course W: Windward Leeward** will be signaled by a Board displaying the letter "W" and a number indicating the number of rounds to be sailed

### 9 MARKS

Marks used for the course inside the harbour will be orange tetra tea bag shaped.

Marks outside the harbour will be black cylindrical.

A description of the marks to be used for each race course area will be confirmed at the briefing

## **10 THE START**

**10.1** The start line is between a staff/pole on the committee boat displaying an Orange flag and the start mark. (Pin end)

**10.2** An inner limit mark may be laid approximately on the start line. When starting, boats shall not pass between this inner limit and the committee boat.

**10.3** To alert boats that a race or sequence of races will begin soon, the orange start line flag will be displayed with one sound at least five minutes before a warning signal is made.

## **11 CHANGE OF THE NEXT LEG OF THE COURSE / SHORTENED COURSE**


**11.1** To change the next leg of the course, the race committee may move the original mark (or the finishing line) to a new position. Minor course changes will not be signalled.

### **11.2 Shortened Course**

A vessel displaying Code Flag F at any mark means that the boats shall round that mark and proceed directly to the finishing line. This is in addition to RRS 32.

## **12 THE FINISH**

**12.1** The finish line will be between the staff/ pole on a Committee Boat /Rib displaying a Blue Flag and the finish mark. (The Triangular course designates Mark 3 to be offset to windward of the Committee Boat and forms the finish line.)

**12.2** In addition to the procedure for shortening course in RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag J  with one sound signal. A boat so notified is no longer required to sail the course (amending the requirement to follow rule RRS 28.1), shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. RRS 60.1(b) is not applicable to this instruction.

**12.3** Rule 12.2 does not apply if a substitute boat as listed in rule 1.6 is used..

**[DP] Competitors that have finished a race must clear the finish line and not impede those still racing.** Support Boats must also remain 30 metres away from the Line.

## **13 PENALTY SYSTEM**

Rule 44.1 is changed so that the Two-Turns penalty is replaced by the One-Turn penalty.

## **14 TIME LIMITS AND TARGETS**

**14.1** Time limit for a race is 60 minutes and target time is 30 minutes.

The Race Officer has discretion with regard to the overall Time Limit of 60 minutes. This changes rule 35.

**14.2** Boats failing to finish within 30 mins after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

## **15. PROTESTS AND REQUESTS FOR REDRESS**

**15.1** Boats intending to Protest shall advise the Committee Boat on completion of the race in question. The protest time limit is 90 minutes after the finish time of the last boat to finish or the race committee signals no more racing today, whichever is later.

**15.2** Protest forms are available at the Race Office located opposite the Club Room . Protests and requests for redress or reopening shall be delivered there within the Protest Time. The expiration of Protest Time will be posted on the Official Notice Board.

**15.3** Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest committee room, located in the boat shed.

**15.4** Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

**15.5** Breaches of SI 15, 17,18 and 19 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

**15.6** A request for reopening or a request for redress based on a protest committee decision shall be delivered no later than 15 minutes after the decision was posted. This changes rule 62.2

## **16 SCORING**

One race is required to constitute a series. When fewer than three races have been completed, a boat's series score shall be the total of her race scores. On completion of four races a boat may discard her worst score .This amends RRS A2 (series scores).

The Hansa National Championship will use the low point system all boats being individually scored.

The Presidents Cup will be sailed by teams with four boats as described in SI rule 1.

The different boat types, which may include a substitute will be scored as individual fleets. The scores for each of a team's boats will then be added to give teams scores, the low point system will be used and PY handicap numbers will be applied where necessary.

## **17 [DP] SAFETY REGULATIONS**

**17.1** A check-out and check-in tally system will be in operation. Tallies shall be collected and returned at the top of the slip The requirements of this instruction are specified for the safety of competitors. Failure to comply may lead to

disqualification. It is the responsibility of all skippers and crew to check out and check in at the top of the slip prior to and after each race.

- 17.2** All HANSA dinghies shall ensure that centreboards are tied in securely and will not fall out in the event of a capsize. A Safety Officer may check centreboards are secured properly and boats not conforming will not be allowed compete.
- 17.3** A boat that retires from a race shall notify the race committee as soon as possible.
- 17.4** Personal Flotation Devices shall be worn at all times when afloat and on marina ramps and pontoons during the period of the event, except while briefly adjusting clothing or personal equipment, in accordance with the provisions of rule 40 except that flag Y will not be displayed and no sound signal will be made. This changes rule 40 and the preamble to part 4 of the RRS.
- 17.5** Boats shall be fitted with a suitable tow rope fixed to the bow and led back to the cockpit.
- 17.6** A boat is permitted to receive outside help from a safety boat for any reason other than added propulsion. To request help, a competitor shall raise and lower their arms repeatedly or make repeating sound signals on a whistle. This changes rule 41.
- 17.7** Where applicable, all crews must remain seated in their normal positions whilst racing, except in an emergency. The penalty for infringement of this rule will be one extra point; the scores of other boats will not be changed. This changes rule 49, 63.1 and A5.
- 17.8** Boats shall be berthed afloat for the duration of the event in the pontoon at the R. St. G. Y.C. or as directed by the Beachmaster.

## **18 [DP] REPLACEMENT OF CREW OR EQUIPMENT**

- 18.1** Substitution of competitors will not be allowed without prior written approval of the race committee.
- 18.2** Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

## **19 [DP] SUPPORT BOAT**

Support, Coach and Spectator boats shall register at the race office before going afloat each day. After the preparatory signal no coach boat shall come within 30 metres of any other boat racing, with the exception it may come within 5 metres of the boat it is supporting whilst ensuring it is not impeding any other competitor. The penalty for breach of this sailing instruction is at the discretion of the protest committee and may be less than disqualification.

## **20 [DP] RADIO COMMUNICATIONS**

**20.1** Except with the prior permission of the race committee, or in an emergency, no boat may make radio transmissions while racing or receive radio

communications not available to all boats. This restriction also applies to mobile telephones.

**20.2 VHF Channel for Hansa Course = 71 and President's Cup Course =77.**

## **21 PRIZES**

21.1. Prizes will be given as follows:-

The President's Cup Perpetual trophy shall be awarded to the team with the lowest combined score of the 4 classes representing that Provincial Team. In the event of a tie , the team with the most first places including discards shall be deemed the winner.

**21.2.** Other prizes may be awarded at the discretion of the organising authority.

## **22 RISK STATEMENT**

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone"

Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve a boat of their own responsibilities.
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances.

The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in these Sailing Instructions.

## **23 INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3,000,000 or the equivalent.



## Appendix A

**Windward / Leeward Course – Flag W**

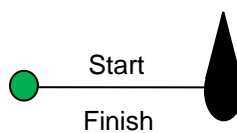
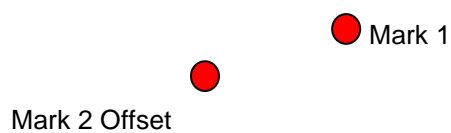


W/L

Round 1 = Start – 1 – 2 - 3


Round 2 = 1 – 2 – 3

Round 3 = 1 – 2 – 3 - Finish all marks to be left to port.



Mark 3

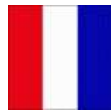


Code Flag F		When displayed at a mark = proceed to the Finish
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**Radio channel for Hansa course = 71 and President's Cup course = 77**



**Triangle Course - Flag T**



Triangle

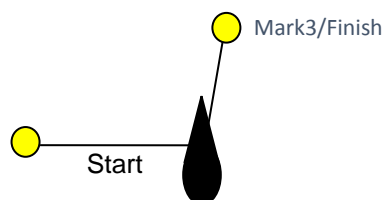
Round 1 = Start – 1 – 2 – 3


Round 2 = 1 – 2 – 3

Round 3 = 1 – 2 – Finish all marks to be left to port.

 Mark 1

Mark 2 



Code Flag F		When displayed at a mark = proceed to the Finish
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**Radio channel for Hansa course = 71 and President's Cup course = 77**