

SAILING INSTRUCTIONS

1. RULES

1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS), Part 1 of the Equipment Rules of Sailing, relevant Class Rules and the prescriptions of Irish Sailing.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board located outside the results office in the Royal St. George Yacht Club.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any change to the Sailing Instructions will be posted before 09.30hrs. on the day it will take effect, except that any change to schedule of races will be posted by 20.00hrs on the day before it will take effect. Such changes may include bringing forward the start time of a race.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the club flagstaff located on the foreshore of the Royal St. George Yacht Club.
- 4.2 Flag "AP" over numeral pennant 1(2, 3 etc.) with two sound signals means that racing is postponed by one hour (two, three etc.). This changes Racing Signal AP.

5. SCHEDULE OF RACES

5.1 There are three races scheduled for each fleet.

5.2

Main Fleet	Class	Warning gun for 1 st Race
		10:45
	Optimist	10.50
	Feva/ Topper/ PY	10.55

Second and third race to follow as soon as possible.

Harbour Fleet	Class	Warning gun for 1 st Race 11.15
	Optimist	11.20
	Feva/ Topper/ PY	11.25

Second and third race to follow as soon as possible.

- 5.3 No warning signal will be made after 14.30hrs, except in the case of a race where a postponement, abandonment or general recall has been signaled.
- 5.4 A competitors briefing will be given on the deck of the RSGYC at 9.15

6. CLASS FLAGS

Class	Flag
Optimist Main/ Harbour	
	0
Feva / Topper/ PY	
	F
Laser Radial, 4.7,	
	J

7. RACING AREA

- 7.1 The harbour fleet will race in Dun Laoghaire Harbour.
- 7.2 The Main fleet races will be held on Dublin Bay and the approximate location will be advised during the briefing

8. THE COURSES

Main Fleet





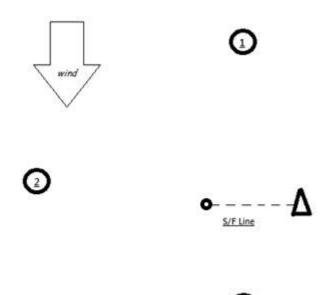






Fleet	Course to be sailed
Optimist	1-2-3-4-1-4-F
Feva/ Topper/ PY	1-2-3-4-1-2-3-4-F

Harbour Fleet





Fleet	Course to be sailed
Optimist	1-2-3-1-2-3-F
Fava/ Topper/ PY	1-2-3-1-2-3-F

- 8.1 The race committee flagship will display the Royal St. George Burgee.
- 8.2 The number of rounds for the harbor fleet will be displayed on a board from the Flagship at or before the warning signal.

9. MARKS

- 9.1 The Main Fleet marks 1,2,3 & 4 may be orange inflatable marks
- 9.2 The Harbour Fleet marks 1,2 & 3 may be yellow marks
- 9.3 The Start/Finish Mark shall be Candy Striped.
- 9.4 All marks shall be rounded to port.

10. THE START

- 10.1 Races will be started in accordance with RRS 26.
- 10.2 The **Main Fleet** starting line will be between the mast of the Flagship displaying an Orange Flag and the Start Mark at the Port end.
- 10.3 The Harbour Fleet starting line will be between the candystripe pole of the Flagship and the Start Mark at the Port end.
- 10.4 To alert boats that a race will begin soon, the Orange starting line flag will be displayed with one sound signal at least 5 minutes before a warning signal is made.
- 10.5 An inner distance mark may be laid. A boat shall not pass between such mark and the mark or boat it protects.
- 10.6 A boat shall not start later than 5 minutes after her starting signal. A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.
- 10.7 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11. STARTING PENALTIES

- 11.1 If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing, but not if the race is restarted or re-sailed or postponed or abandoned before the starting signal. This changes rule 26 Starting Races and RRS 63.1.
- 11.2 When flag U is used as the preparatory signal rule 29.1 Individual Recall does not apply. The scoring abbreviation for a flag U penalty is UFD (U Flag Disqualified). This changes A.11 Scoring Abbreviations.

12. SHORTENING COURSE

12.1 If it is necessary to reduce the number of laps, indicated for a race, the Race Committee will display Flag S in the vicinity of the leeward mark while making repetitive sound signals. Boats should leave the mark to port and sail directly to the finishing line, which will be signaled by a Finishing Vessel displaying a Blue Flag. The finishing line will be between the mast of the Finishing vessel displaying a Blue flag and the finishing mark, this adds to Rule 32.2

13. CHANGE OF THE NEXT LEG OF THE COURSE

- **13.1** The race committee may change a leg of the course that begins at a rounding *mark* or at a gate by changing the position of the next *mark* (or the finishing line) and signalling all boats before they begin the leg. The next *mark* need not be in position at that time.
- **13.2** If the direction of the leg will be changed, the signal shall be the display of flag C with repetitive sounds and one or both of the new compass bearing or a green triangle for a change to starboard or a red rectangle for a change to port.
- **13.3** If the length of the leg will be changed, the signal shall be the display of flag C with repetitive sounds and a '-' if the length will be decreased or a '+' if it will be increased.
- **13.4** Subsequent legs may be changed without further signalling to maintain the course shape.

14. THE FINISH

- 14.1 The finishing line will be between the main mast of the Flagship and the finish mark. The Flagship will display a blue flag.
- 14.2 Finishing boat shall not sail through the finishing line when the flagship is displaying a blue flag.

15. TIME LIMITS

15.1 The time limit for races will be 60 minutes, except that all boats must finish within 20 minutes after the first boat finishes. Boats failing to finish within 20 minutes of the first finishing boat will be scored DNF without a hearing. This changes RRS 35, A4.1 and A5.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 A boat intending to protest shall, where possible after finishing, inform the Flagship.
- 16.2 Protest Time Limit is 60 minutes after the last finisher in the last race.
- 16.3 Protest Schedule will be posted on the regatta notice board 10 minutes after the protest time limit. Parties shall make themselves and their witnesses available for hearings in Royal St. George Yacht Club. Failure to do so will not be grounds for reopening a hearing.
- 16.5 ARBITRATION APPENDIX T will apply.
- 16.6 APPENDIX P will apply

16.7 On the Main Fleet course, the on the water Judge, will blow a whistle when there is a rule infringement. This is an indication to competitors that a competitor or more than 1 competitor has broken a rule.

17. SCORING

17.1 One race will constitute a series.

18. SAFETY REGULATIONS

18.1 A boat that retires from a race shall, where possible, notify the flagship before leaving the race area. She shall not leave the racing area without clearance from the Safety Officer.

19. EVENT ADVERTISMENT

19.1 Boats shall display any/all relevant advertisement as specified by sponsors.

20. RADIO COMMUNICATIONS

- 20.1 While racing a boat shall neither make nor receive radio communications that is not available to all boats. This restriction also applies to mobile phones
- 20.2 The Main Fleet will communicate on Channel 77.
- 20.3 The Harbour Fleet will communicate on Channel 72.
- 20.4 Safety Officer for Main Fleet will communicate on Channel 77.

21. SUPPORT BOATS

- 21.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 21.2 All support boats shall register at the Race Office prior to taking to the water.
- 21.3 A boat shall neither make nor receive radio communications while racing that is not available to all boats. This restriction also applies to mobile phones.

22. PRIZES

- 22.1 As specified in the Notice of Race.
- 22.2 Prizes will be awarded as soon as practical after the last race.

23. DISCLAIMER OF LIABILITY

23.1 Competitors participate in the championship entirely at their own risk. See Rule 4, Decision to Race. No responsibility shall be accepted by the Royal St. George Yacht Club, or any of their directors, officers, members, servants or agents, nor any sponsor, nor those officials connected with the event, for any loss, damage, or other claim of whatever nature sustained in conjunction with, prior to, during, or after the championship.

24. INSURANCE

24.1 Each boat's owner(s) and competing crews shall ensure that they are adequately insured against loss, damage or injury to persons, boats or equipment at all times and however occurring and maintain adequate insurance cover for racing risks. All owners/competitors who sign the entry and registration form are deemed to have made a declaration that they hold such cover.

25. ADDITIONAL INFORMATION

25.1 Competitors are advised to be aware of any commercial vessels entering or departing the harbour.