

RSGYC Sail Training Policy

Background

Sail training is a core part of club activity in the RSGYC. A wide range of sail training activities take place throughout the year and encompass multiple classes, boat types, ages and abilities.

Whilst the club recognises that each Sail Training activity stream has its own unique characteristics, it is appropriate that all Sailing Training activity in the club meets a designated set of criteria & standards, designed to ensure that the interests of the club and its members are paramount and that all Sail Training activity support these interests.

The primary purpose of this Sail Training policy & guidance document is to inform our members of the club's policy towards Sail Training activities. The RSGYC is the primary provider of Sail Training activities in the club and our policy seeks to ensure that appropriate sail training is delivered in a safe and co-ordinated manner for the benefit of the club and its members.

This aim of this document is to provide a clear point of reference for those members who wish to organise sail training in the RSGYC. As outlined in the accompanying guidance document, requests for Sail Training activities should be submitted to the Sailing Manager via the class captain for consideration.

Sailing Training Policy

The following criteria form the Sailing Training Policy in the RSGYC.

- 1. Sail Training is to be delivered in an appropriate format and standard, which reflects the profile of participants.
- 2. Sail Training activities are to be organised & coordinated in advance with the Sailing Office & Sailing Manager who will confirm approval of the proposed activities.
- 3. Sail Training activities are to be communicated in a clear & transparent manner to members.
- 4. Sail Training activities are to be aligned with club rules, existing sail training activities & capacity
- 5. Sail Training activities are to be offered for the benefit of club members in the first instance, before being offered to members of other clubs or non-members.

Proposed Sail Training activities, which in the opinion of the Sailing Manager and/or Flag Officers do <u>not</u> meet the above criteria may not be permitted to take place from the club.

Amendments to & Review of Sailing Training Policy

Sail Training Policy is to be reviewed annually by the Sailing Committee or at more frequent intervals if so required.



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Guidance Document:

This Guidance Document should be used as a reference point for those seeking to organise and deliver Sail Training in the RSGYC.

Sail Training is deemed to be any training activity comprising multiple boats taking place from the RSGYC and may include the use of club boats & RIBS and the payment of a coach/ instructor to provide on and off the water coaching.

As a default position, the RSGYC is the primary provider of Sail Training activities with the objective to deliver safe & appropriate sail training in a co-ordinated manner for the benefit of the club and its members.

It is the strong preference of the RSGYC to ensure that Sail Training activity in the club is provided by the club, utilising club assets including the employment of club instructors & coaches and that details of such activities are transparent and open for all club members to participate in, subject to normal constraints of availability and competence amongst proposed participants.

The RSGYC recognises that it is not possible that all Sail Training activity will be organised solely by the club for the sole benefit of the club and its members. The RSGYC also supports co-ordinated Sail Training activities in conjunction with neighbouring waterfront clubs in Dun Laoghaire.

How do I organise Sail Training?

- The Sailing Office is available to assist with all Sail Training requests and will answer any of your questions in advance of setting up any training as required. Please call Karin or Ronan on 01 280 1811 or <u>drop them a line</u> and they will be happy to assist.
- Details of proposed sail training activities to take place should be submitted in the first instance to the RSGYC Sailing Manager <u>via the Class Captain</u> and using the <u>RSGYC Sail Training Request</u> <u>Form</u>.

The **RSGYC Sail Training Request Form** sets out summary details of the proposed activity and will enable the Sailing Manager to determine whether the proposed activity is consistent with the Sail Training Policy of the RSGYC.

3. The RSGYC Sailing Manager will advise whether the proposed Sail Training activity is permitted.

Questions/ Comments? Please contact the Sailing Office who will be happy to assist. Sailing@rsgyc.ie