



Friday Nights R&R

@dunlaoirelaserclass



ILCA
International Laser Class Association

SAILING INSTRUCTIONS



**Proudly Hosted by the
Royal St. George Yacht Club**

This event is subject to the Covid-19 guidelines as laid out by the Irish Government and in the Host Club's Covid-19 event protocol document. All people associated with this event must comply with these conditions. These conditions may change as the event approaches and will influence the running/organisation/cancellation of this event.

ORGANISING AUTHORITY

The MGM Boats Friday Nights R&R will be organised by the Royal St. George Yacht Club.

1. RULES

- 1.1. The series will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. The prescriptions of Irish Sailing will apply.
- 1.3. Racing rules Race Signals APAP, 33, 35, 40, 60.1(a), 60.1(b), 61.3, 62.1(a), 62.2, A2, A4 and A5 will be changed. The changes appear, in full, in these sailing instructions.
- 1.4. Rules of the Irish Laser Association will apply.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the event WhatsApp.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the event WhatsApp before **14:00** on the day it will take effect, except that any change to the schedule of races will be posted on WhatsApp by **17:30** on the day it will take effect.

4. SCHEDULE OF RACES ETC.

- 4.1. Eight race days are scheduled in line with the series NORs
- 4.2. Three races are scheduled for each race day
- 4.3. The intended starting order will be
 1. ILCA 7 / Standard Rig
 2. ILCA 6 / Radial Rig
 3. ILCA 4 / 4.7 RigThis sequence may change, and will be indicated by the appropriate Class Flags.
- 4.4. The scheduled time of the first warning signal is **18:30**.
- 4.5. Races will be started by using RRS 26 with the warning signal made **3 minutes** before the starting signal.
- 4.6. To alert boats that a race or sequence of races will begin soon, the orange 12345 warning signal is made.

5. CLASS FLAGS

The Standard Rig Fleet shall have the White Laser Class Flag as their Class Flag, the Radials will use the Green Radial Class flag and the 4.7s will use the Yellow Class Flag.

6. RACING AREA

Dublin Bay South of the shipping channel.

7. THE COURSE

The diagram in Attachment A shows the course, the order in which marks are to be passed, and the side on which each mark is to be passed. Each race will consist of two laps of the course.

After completing the first leg of the course, a boat shall not cross the starting line. A boat shall not cross the finishing line until she is completing the last leg of the course and finishes.

8. MARKS

Marks 1 and 2 will be orange inflatables.

The Start/Finish Mark will be an inflatable Candy-Stripe mark.

9. THE START

- 9.1. The starting line will be between a mast on the Committee Vessel displaying an orange flag at the starboard end and the course side of a port-end Start/Finish Mark.
- 9.2. A boat that does not start within 3 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

10. CHANGE OF THE NEXT LEG OF THE COURSE

- 10.1. To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position.
- 10.2. Minor Course changes may not be signalled. This changes RRS 33.

11. THE FINISH

The finishing line will be between a mast on the Committee Vessel displaying a blue flag at the starboard end and the course side of the port-end Start/Finish Mark.

12. TIME LIMITS

- 12.1. Boats failing to finish within **5 minutes** after the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- 12.2. The time limit for a race shall be 45 minutes.
- 12.3. In addition to rule 32, the Race Committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the Race Committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes rules 60.1(b) and 62.1(a).

13. PROTESTS AND REQUESTS FOR REDRESS

- 13.1. Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 13.2. The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area and to requests for redress. This changes RRS 61.3 and 62.2.
- 13.3. Notices will be posted within 60 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 13.4. Hearings may not take place on the same day as the protest is made, save for the protests made on the final day of the series, and may be held remotely via Zoom.
- 13.5. Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 13.6. Breaches of instructions 17, 18, 19, 20 and 21 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 13.7. On the last scheduled day of racing a request based on a protest committee decision shall be delivered no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 62.2.

14. SCORING

- 14.1. **Eight (8)** races are required to be completed to constitute a series.
- 14.2. For every four races have been completed by a boat, that boat's worst score will be discarded. This changes RRS A2.1.
- 14.3. Only boats that have entered for the entire series, will have their scores recorded. This changes RRS A2.2.

15. SAFETY REGULATIONS

- 15.1. Competitors shall wear a personal flotation device at all times when afloat. This changes rule 40. Wetsuits and drysuits are not considered to be adequate.

- 15.2. A boat that retires from a race shall notify a Race Committee Vessel as soon as possible.
- 15.3. All boats are advised to have a painter (tow line) at least 7 metres in length, made fast to the bow.

16. REPLACEMENT OF CREW OR EQUIPMENT

- 16.1. Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- 16.2. Substitution of damaged or lost equipment will not be allowed unless authorised by the Race Committee. Requests for substitution shall be made at the first reasonable opportunity.

17. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a Race Committee measurer to proceed immediately to a designated area for inspection.

18. SUPPORT BOATS

- 18.1. Team leaders, coaches and other support personnel shall stay at least 100m outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment.
- 18.2. No competitor shall be towed to or from the race area unless asked to do so by the Race Committee. Competitors who do not comply will be scored DSQ for that days racing.
- 18.3. In the interest of safety all support boats (if asked to do so) will follow instructions from the Race Committee.

19. TRASH DISPOSAL

Trash may NOT be placed aboard support or official boats.

20. RADIO COMMUNICATION

Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communications not available to all boats.

21. PRIZES

Scores will be recorded on that basis that prizes for the series will be awarded as follows;

Laser Standard (ILCA 7) - First, Second and Third
Laser Radial (ILCA 6) Male - First, Second and Third
Laser Radial (ILCA 6) Female - First, Second and Third
Laser 4.7 (ILCA 4) Male - First, Second and Third
Laser 4.7 (ILCA 4) Female - First, Second and Third

Further prizes may be awarded. Prize winners will be informed via the event WhatsApp to collect their prizes at a designated time and place.

22. RISK STATEMENT

Risk Statement is as published in the Notice of Race.

23. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3,000,000.00 or the equivalent.

24. COVID-19 PROTOCOLS

Measures to mitigate the spread of COVID-19 protocols will be in place for the event and will affect access to R.St.G.Y.C, the conduct of persons on the premises and the management of the event ashore including the conduct of protest and redress hearings. Further details of the COVID-19 protocols will be published on the host Club's event page. These measures may be varied over the course of the event.

ATTACHMENT A - COURSE

Start 1, 2, 1, 2, Finish

Marks 1 and 2 to be left to Port



After completing the first leg of the course, a boat shall not cross the starting line. A boat shall not cross the finishing line until she is completing the last leg of the course and finishes.

Note :

Mark colours are for reference only.