



Irish National Championships Regatta Fleet Schedule

Regatta Racing Fleet	Regatta Coaching Fleet
Wednesday 10th August	
1600-1830 Registration/Boat Safety check	Registration/Boat Safety check
1800 Coaches Briefing	Coaches Briefing
Thursday 11th August	
1000 Meet Coaches	Meet Coaches
1030 Team building and introduction games	Team building and introduction games
1115 Briefing by Coaches and OOD	Rigging
1145 Launch	Briefing
1215 Practice race/coaching followed by 1st gun TBD	Launch
1530 Return to Shore	Sailing and some races
1600 De-rig and Debrief with Coaches & OOD	Return to shore
1730 Daily Prizgiving and Competitor Raffle	Debriefing with Coaches
	Daily Prizgiving and Competitor Raffle
Friday 12th August	
1000 Meet Coaches	Meet Coaches
1030 Briefing by Coaches and OOD	Briefing by Coaches and OOD
1100 Launch	Rigging
1115 Briefing by Coaches and OOD	Games
1145 Launch	Launch
1215 Practice race/coaching - followed by 1st gun TBD	Sailing and training
1230	Return to shore - Lunch

1330		Launch
1500	Return to Shore	Sailing and some races
	De-rig and Debrief with Coaches & OOD	
1600	Parents Optimist Nationals	Parents Optimist Nationals
1730	Daily Prizgiving and Competitor Raffle	Daily Prizgiving and Competitor Raffle
Saturday 13th August		
930	Meet Coaches	Meet Coaches
	Rigging	
1030	Briefing by Coaches and OOD	Briefing by Coaches and OOD
1100	Launch	Rigging
		Games
1100		Launch
1215	Practice race/coaching - followed by 1st gun TBD	Sailing and training
1230		Return to shore - Lunch
1330		Launch
1500	Return to Shore	Sailing and some races
1600	De-rig and Debrief with Coaches & OOD	
1730	Daily Prizgiving and Competitor Raffle	Daily Prizgiving and Competitor Raffle
Sunday 14th August		
930	Meet Coaches	Meet Coaches
1030	Briefing by Coaches and OOD	Team building and games
1130	Launch	Rigging
1200	Racing	Briefing
1230		Launch
		Sailing and some races
1430	Return to Shore	Return to shore
1500	De-rig and Debrief with Coaches & OOD	De-rig and Debrief with Coaches & OOD
1600	Daily Prizgiving and Competitor Raffle	Daily Prizgiving and Competitor Raffle

