

## TY Sailing Programme Dun Laoghaire 2022-23

### Update January 2023

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Since the launch of the TY Sailing Programme in September, our TY students have been busy. Below is an overview of what's done and what activities and courses are left to do.

The most important objective of the programme is to build personal and social confidence in our TY teenagers, allow them try out various water activities and for many, to gain accreditations towards their Sailing Instructors certification.

Particular credit goes to the Sailing Managers & Club Administrators in RIYC, NYC and RSGYC, and the team at Irish Offshore sailing for their advice and management of club based courses: Ronan Adams, Karin Ryan, Kevin Leonard, Mark McGibney, Rónán Ó Siochrú and Olivier Prouveur.

Thank you also to Derval Cummins NYC who has done huge work on the TY Committee and is now finishing up due to commitments. Extra special thanks to Marc Little, whose passion ensures the best TY Programme is run year after year, even when none of his own children are involved!

Read on for

#### **What's Done**

#### **What's Left to Do**

## What's Done

### Action Adventure

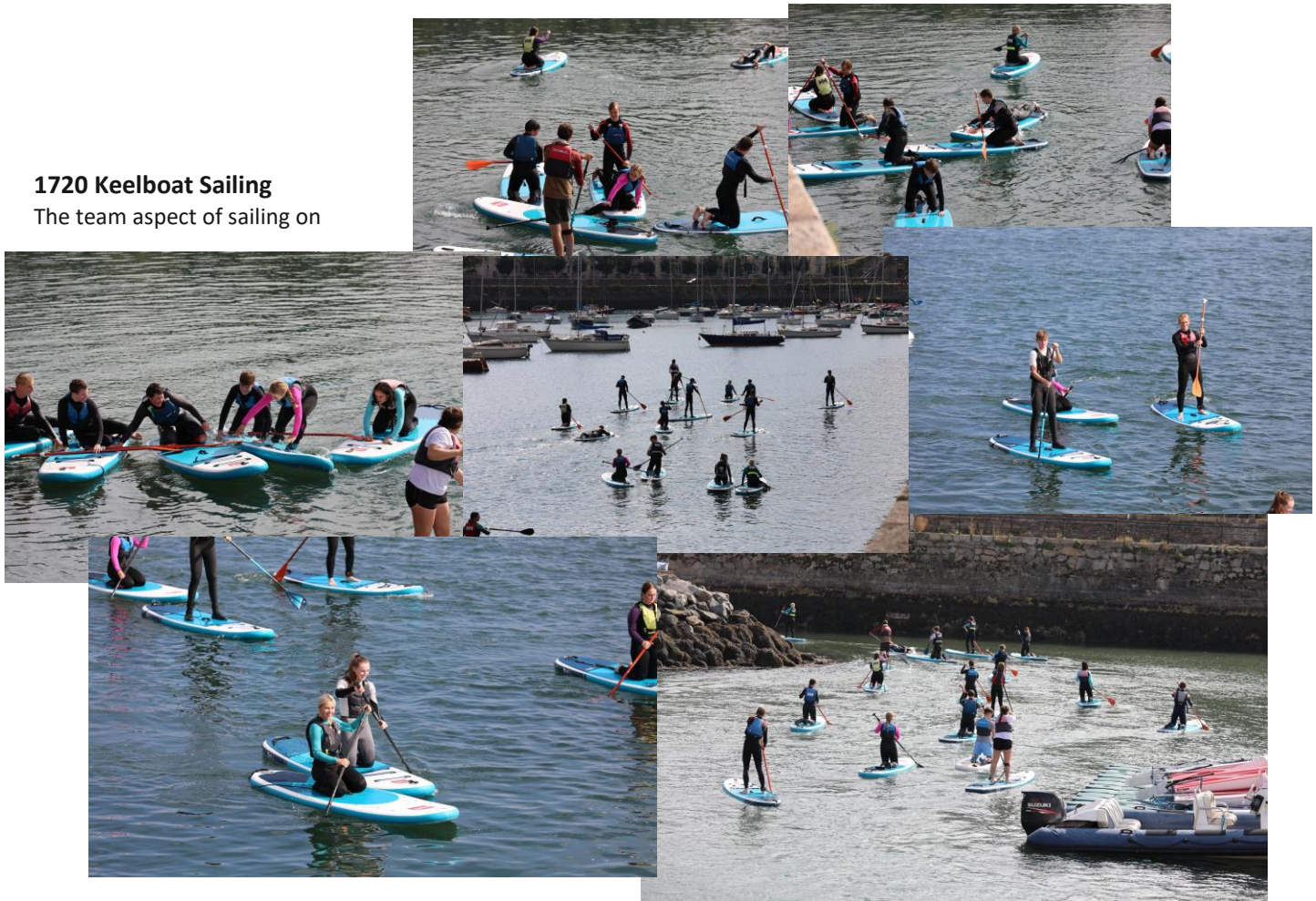
Our first activity was the full-on Action Adventure. Over three days in September, the TY group completed various sessions: paddle-boarding with BigStyle in the Coal Harbour, Dun Laoghaire, rowing at Islandbridge and a new option to introduce the group to wing-foiling and kite-surfing with Pure Magic at Bull Island - with varying degrees of success!





## 1720 Keelboat Sailing

The team aspect of sailing on



1720's proved really popular with the group over September/October. The weather was mostly favourable with 40+ of our TY's participating. Some of the group have even expressed an interest in keelboat racing on the back of it.





### **Team Racing**

Sailors and non-sailors alike enjoyed the very different tactics that come with team racing during October/November. A big thank you to our head coach Jacques Murphy for leading these sessions.

### **Accreditation Courses**

A number of courses crucial to becoming a Sailing Instructor and enhance life skills were held:

- **Marine First Aid**
- **VHF Radio**
- **Small Boat Navigation Course**
- **RIB Course (ISA Powerboat Level 2)**

Always a popular course and forever useful, the majority of students completed their initial 2 day training and are currently independently working on their 20 hours water experience in order to receive their powerboat certificate. They must be 16yrs+ for the cert to issue but training and water experience can be completed before.

## What's Left To Do

The two key trips over the coming months are Tall Ships and Sherkin Island. Final accreditation courses will be run to cover any students who may have been away. Please note that while the TY Sailing Programme makes it easy for our TY's to do these courses, they can also be arranged directly via Club Sailing Offices and/or Irish Offshore Sailing at a later date.

### Sailing Instructor Information Session (January 25)

As many of the group are interested in becoming Sailing Instructors, we are planning a Wednesday afternoon session in NYC on January 25th to talk through the steps. Notice will issue via WhatsApp and email.

Like most things in sailing, it's totally confusing until you know how. By way of a quick summary:

- The [Irish Sailing Association](#) lays out the [Small Boat Sailing Scheme Pathway](#)
- There are two stages: Pre-Instructors Course and Instructors Course
- A training session before these is recommended to ensure experience of double-handed sailing and rudderless sailing, etc.
- For pre-instructors, also known as Assistant Instructors, required factors are: 15yrs+, Level 4, Garda Vetting and Child Safeguarding\*. For Instructors, the minimum age is 17yrs. Note that Garda Vetting can take months so advisable to start the process sooner.

### Accreditation Courses

- **RIB Course +20 Hours**  
Around 20 students have not yet presented for the RIB course. If they don't want to do it, that's obviously fine. If they do, Marc will arrange one last course - **please advise your TY Committee member by January 20th** if interested.  
Important to note that it is the responsibility of each student to complete their 20 verifiable hours on water in order for their Powerboat Certificate to be issued. Best way to do this is to link in with your Club Sailing Office and volunteer to assist on RIB's at events, for example, DBSC/Frostbite/Winter Series events. Marc has set up a [TY Powerboat Hours Log](#) for ease of recording. This needs to be printed and physically signed by the Event/Club Organiser each time.
- **Mark Laying Course (February TBC)**  
We are planning a Mark Laying Course in February. Completing this will almost certainly secure a RIB role at events, there are never enough mark layers available. Once your TY student has their certificate, they will get paid for these events!
- **\*Child Safeguarding Course.** Plans are underway to set this up. Notice will issue via WhatsApp and email.
- **Small Boat Navigation** final 3 day course run over two Wednesday's 2-5pm & one Saturday 9.30am-4pm on February 1, 8 and 11
- **VHF Radio** final course all day Thursday, February 16. Note exam is 5-6.15pm. Mid-term week.
- **Marine First Aid** final course all day Friday, February 17. Mid-term week.

### 1720's Keelboat Sailing (March 1/8/15/22)

We plan to run 1720 courses again over the first four Wednesday afternoons in March. Notice will issue via WhatsApp and email.

### Tall Ships (6 day trips March-May)

Huge interest in the Tall Ships trips with the majority of students already signed up. The organisers, [Sail Training Ireland](#), will communicate with everyone directly. Sindy Offer is the lead organiser. She has confirmed increased voyage capacity so a small number of places are available on the various weeks. If of interest, please contact Sindy directly via their website or 01 845-4773.

Note: worth watching the recent RTE Nationwide TV programme featuring Tall Ships (Friday January 6).

### **Sherkin Island Trip (May 7/14 and 28 pending demand)**

This is the 5 day adventure trip to Sherkin Island in West Cork with sailing run by [Hehir Island Sailing](#). The all in price is in the region of €650 based on 48 students (2 trips of 24 students). This price may change as it is dependent on numbers in order to spread fixed costs.

Dates are:

- Trip 1: Sunday May 7-12
- Trip 2: Sunday May 14-19
- If there's enough interest, we will run a third week May 28-Jun 2

For the important sailing element of this trip, a mix of sailing ability is vital. No boat can launch without competent sailors onboard. A good gender balance on the trip also works well. As such, we request that you please **complete the [Sherkin Expression of Interest Form](#) by January 20th.**

Note that transporting everyone from Dublin to Baltimore is a somewhat variable expense as coach companies are allowing for fluctuating fuel costs. If anyone has contacts in this area, please advise Gillian 086 8550134 (RSGYC).

### **'Sailability Dun Laoghaire' Volunteers Course (February 22 & March 22)**

Many of you may be aware of the incredible sailing courses open to those with disabilities. We have engaged with Sailability DL to give our TY group the opportunity to volunteer in assisting these weekly courses ongoing in terms of helping sailors in & out of boats and assisting/driving the rescue RIB. To do this, a 3 hour course must be completed to cover areas such as safe manual handling, etc. Proposed dates are Feb 22 and Mar 22. Notice will issue via WhatsApp and email.

### **Flossie and the Beach Cleaners**

Finally, pending storms and high tides, we will issue notice for a handful of students to help with harbour cleans in the coming weeks. Another useful opportunity for RIB hours.

Thanks all!

### **Any questions, message the 2022-23 TY Committee**

RIYC Katy Kelly, Ailbhe Kenny

NYC Charlotte O'Kelly, Colma Fahy, Derval Cummins (finishing January)

RSGYC Marc Little, Lorraine Glavin, Gillian Sheehy