



## **Overnight & Away trips Policy**

Separate permission forms should be signed by parents and participants, containing emergency contact number

Young participants should sign a behaviour agreement

The Program will appoint a group leader who will make a report on returning home

A meeting with parents and participants is useful to communicate travel times, competition details, other activities, gear requirements, medical requirements, special dietary needs and any other necessary details

Rooming arrangements – adults should not share rooms with children, children share rooms with those of same age and gender and adults should knock before entering rooms

All group socialisation should take place in communal areas (i.e. no boys in girls' rooms and vice versa).

Alcoholic drink, smoking, doping or other illegal substances are forbidden to sailors/ participants.

Leaders should act as role models; in this respect there must be at least two adults, one adult of each gender with a mixed party, there should be a good adult – child ratio, 1:5/6, and proper access to medical personnel

Lights out times should be enforced

Young sailors/ participants should be under reasonable supervision always and should never leave the venue or go unsupervised without prior permission