



RSGYC Code for Young People

Children have a great deal to gain from sport in terms of their personal development and enjoyment. The promotion of good practice in sport will depend on the co-operation of all involved, including child members of sports organisation/ clubs. Children must be encouraged to realise that they also have responsibilities to treat other children and Sport Leaders with fairness and respect.

In your sport you should:

- Be happy, have fun and enjoy taking part and being involved in your sport.
- Be treated fairly by everyone, adults and other athletes.
- Feel safe and secure when you are taking part in your sport.
- Be listened to and allowed to reply.
- Be treated with dignity, sensitivity and respect.
- Have a voice in the decisions that affect you within the Club and organisation.
- Say no to something which makes you feel uncomfortable.
- Train and compete at a level that is suitable for your age, development and ability.
- Know that any details that are about you are treated with confidentiality but if you are at risk of harm or we are worried about your safety we may need to pass this information on.
- Know who to go to if you feel unsafe.

Your responsibilities are to:

- Treat all sports leaders/coaches with respect.
- Be fair at all times, do your best to achieve your goals; be gracious if you do not achieved your goals.
- Respect other athletes and your opponents.
- Be part of the team and respect and support other team members both when they do well and when things go wrong;

- Never bully or use bullying actions against another person; you should never hurt other team members, athletes or your opponent, this includes never taking/damaging their property, never spreading rumours or telling lies about other young people or adults.
- Keep to rules and guidelines set by your National Governing Body of Sport, the Region and your Club and make sure you understand the rules e.g. if you play a team sport what contact is allowed.
- Take part in your sport without cheating; you are responsible for not cheating and must not allow others to force you to cheat.
- Listen to and respect decisions made by others; if you feel unjustly treated you can talk to your Club Children's Officer or your parents;
- Behave in a manner that is respectful towards your organisation and your club.
- Never use violence or bad language; do not shout or argue with leaders, team mates or opposing participants – talk to someone if you are upset or angry or if someone has caused you to be upset or angry.
- Talk with your Coach or Club Children's Officer if you have any difficulties or do not understand something; you should never keep secrets about any person who may have caused you harm or has made you feel upset.
- Do not, or allow others to make you, try or take banned substances to improve your performance.

Safety:

- Wear protective equipment – it is deemed necessary and should be used. **Dress appropriately – full wetsuit (short wet suits not acceptable), booties and buoyancy aid.**
- In light of the above sailors must:
- Attend each day on time and participate fully on each day of each course. Courses start at 09:30 and finish at 16:30 (finish at 14:00 for Sea Squirts).
- Follow instructions or assignments given by instructors.
- Not use alcohol, non-prescribed drugs and should note that smoking is prohibited.
- Treat boats, forecourt, changing rooms and facilities with respect. (You will be responsible for any damage, - theft or misconduct in which you participate.)
- Borrowing or stealing of equipment from boats will not be tolerated. (Taking anything from a boat without - the owner's permission is stealing and will be treated as such.)
- Each sailor will be responsible for his/her gear ensuring everything is marked clearly.
- If any sailors are to be sanctioned they and their parents will be informed.
- If any party is unhappy with the sanctions they may appeal to a disciplinary committee appointed by the Club. Their decision will be final.



ROYAL ST GEORGE YACHT CLUB JUNIOR CODE OF CONDUCT

To be signed by Parent and Child and returned to the Sailing Office prior to start of course.

I _____ am a junior sailor participating on a Royal St. George Yacht Club course and understand that while taking part on the courses and any events at the club, I will:

- Show respect to fellow sailors, instructors, Club staff and those helping to run regattas, events and courses.
- Obey all instructors' directions, event rules on and off the water and Club rules.
- Attend each day on time and participate fully on the course.
- Dress appropriately: i.e. wetsuits, booties and buoyancy aid. I will never:
- Steal, use or remove any gear that does not belong to me.
- Break laws relating to alcohol, non-prescribed drugs and tobacco.
- Cheat, bully or spread rumours. As a Sailor I am entitled to:
- Participate on an equal basis.
- Be treated with dignity.
- Be happy, have fun and enjoy the course both on the water and ashore.

I understand that if it is found that any junior has not adhered to the above guidelines the following actions may be pursued:

- A warning.
- Suspension from the course.
- Suspension from the Club.

Signed 'sailor' _____

Signed 'parent /guardian' _____ *(can be signed by parent/ guardian on behalf of the child.*

Date ____/ ____ / 2023

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