



**THE IRISH TEAM RACING
ASSOCIATION (ITRA)
75TH NATIONAL CHAMPIONSHIPS 2023**

*Proudly Hosted by
The Royal St. George Yacht Club*

*Date:
18th & 19th November*



Sailing Instructions

1. Rules

1.1 All youth team adult representatives shall register each day at the race office and stay in attendance at the club. If you are only doing part of the day replacement representatives must Register at the Race Office. Failure to do so may lead to the team being excluded from racing for that day.

1.2 RRS D2 applies. Races will be umpired.

1.3 RRS D1.1(d) Arm signals are NOT required.

1.4 A boat capsized after her starting signal so that her mast has touched the water shall retire to the change-over area promptly.

1.5 RRS 40, always applies when afloat or on pontoons.

1.6 The wearing of wet or dry suits are strongly advised. Crews of capsized boats without these shall be required to go ashore and shall not sail until wearing adequate dry clothing.

1.7 There shall be no penalty for a boat touching a flag attached to a staff on a mark. This changes RRS 31.



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2. Event Program

Saturday	0805	Junior Room: Registration for Team Captains and School Team Representatives Rigging: Forecourt First 6 teams rig the boats allocated on the draw.
	0855	Competitors Briefing: Forecourt
	0930	Start of Racing
Sunday	0815	Boat Rigging – Forecourt
	0930	Start of Racing
	1500	No warning signal will be made after 1500, except for races in a Knockout Stage.

3. Event Format and Schedule of Races

3.1 The format for each stage of the event shall be a round robin or multiple round robins. The HLS League system will be used to rank teams and D4.3b will not apply. If possible, knockout stages will be sailed. RRS D4.4 and D4.5 shall apply.

The format may be modified during the event in a fair and practical way as solely determined by the Organising Authority (O.A.), considering the entries, weather conditions, time constraints and any other relevant factors. The format choice to be sailed will be determined by the race committee before racing on a given day.

4. Hearing Requests for Redress and Penalties

4.1 Protests and requests for redress that have not been decided afloat shall be notified to the race office within 10 minutes after the relevant incident or, if the incident is afloat, within 10 minutes after coming ashore.

4.2 When the outcome of a protest or request for redress would not affect which teams qualify to a later stage, the protest committee may decide not to hear it. This amends RRS 63.1.

4.3 When RRS D2 applies and the race umpires together with one other umpire (when available) decide that a boat has broken RRS 14 and there is damage or injury, they may penalise her team by half a race win without a hearing. The boat will be informed as soon as practical and may request a hearing. Any penalty after a hearing will be in accordance with RRS D3.1(e). This amends RRS 63.1.

4.4 When a boat is scored DNSC (did not sail the course), six points shall be added to her score. This amends RRS A5.2.

4.5 When the race committee decides that a competitor has broken SI 4.2 OR SI 4.3 it shall penalise the competitor's team one race win without a hearing. This amends RRS A5.2.



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4.6 When the protest committee decides that a breach of a rule, other than a rule of RRS Part 2, has had no effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to impose no penalty. This amends RRS 64.2 and D3.1.

5. Risk Statement

5.1 Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

5.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges the risk statement as included in the Notice of Race.

6. Code of Conduct

6.1 Competitors shall comply with any reasonable request from any official, including attendance at official functions, cooperation with event sponsors and shall not behave to bring the event into disrepute.

6.2 Competitors shall oversee the boats and equipment with proper care and seamanship.

6.3 Participants are expected at the event to conduct themselves appropriately both on and off the water. Any hailing on the racecourse shall be done in a reasonable manner and compliant with the Racing Rules of Sailing. Any miscalling such as hailing 'Protest' without a red flag to intimidate a competitor or calling for 'Room' when clearly not entitled to it or calling in a threatening manner will be considered by the umpires as a breach of Sportsmanship and will result in an immediate two turns penalty per RRS D2.3g. Persistent breaches may result in further action by a Protest Committee up to disqualification from the event.

6.4 The penalty for breaking instruction 6.1, 6.2, or 6.3 is at the discretion of the O.A. or the Protest Committee and may include exclusion from further participation in the event, the withdrawal of any prize or the withholding of deposits.

6.5 In the event of damage to boats being unreported and identified ashore the cost of repair will be distributed between all teams' deposits.

7. Continuity

Before starting and after finishing or retiring, boats shall sail to minimise any delay to the race schedule and without interfering with any race in progress.

8. Breakages

a) In the case of a breakdown that is through no fault of either the teams about to race and signalled before the one-minute signal of the race, the race committee may decide to sail a race with only two boats per team. The race committee's decision will be communicated to teams either verbally ashore or by the race umpires.

b) When the race committee decides to run a 2-boat per team race, D.3.1(d) is modified to read "The team with the lower total points wins the race. If the totals are equal, the team that did not have the last-place boat wins."



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c) When the race committee decides to run a 2-boat per team race and when D4.2 (b) apply, the boats that did not race will be considered to have scored points equal to fifth place.

9. Electronic Communications

a) The use of electronic instruments is prohibited other than compass, watches, and small video devices such as Go-Pros.

b) boats shall not transmit on any electronic communication device (including mobile phones) except in an emergency, or in response to a request from the race committee. See also RRS D1.1(g).

10. Required Actions

At the end of the sailing day, the crew shall complete the following tasks:

a) Sails shall be rolled, bagged, and placed, as directed.

b) The boat shall be left in the same state of cleanliness as when first boarded that day.

c) The crew shall comply with any directions posted on the boats or otherwise given to the crew by the race committee.

d) The boat shall be returned to the deck or other notified location and secure it safely in accordance with any local instructions.

11. Communications with competitors

Notices to Competitors

Notices to competitors will be posted to Team Captains, the School Representatives, and the Organising Authority on the event WhatsApp group which will be the event Official Notice Board.

12. Changes to sailing instructions

Such changes will be posted on the WhatsApp official notice board not less than 10 minutes before the warning signal of the first affected race or Oral instructions may be given on the water by the Race Committee and/or the umpires prior to the warning signal. Any changes to the starting time of the first race of the day will be posted by 19.00 on the day before it will take effect.

13. Signals made ashore

Signals made ashore will be displayed on the Club flagpole.



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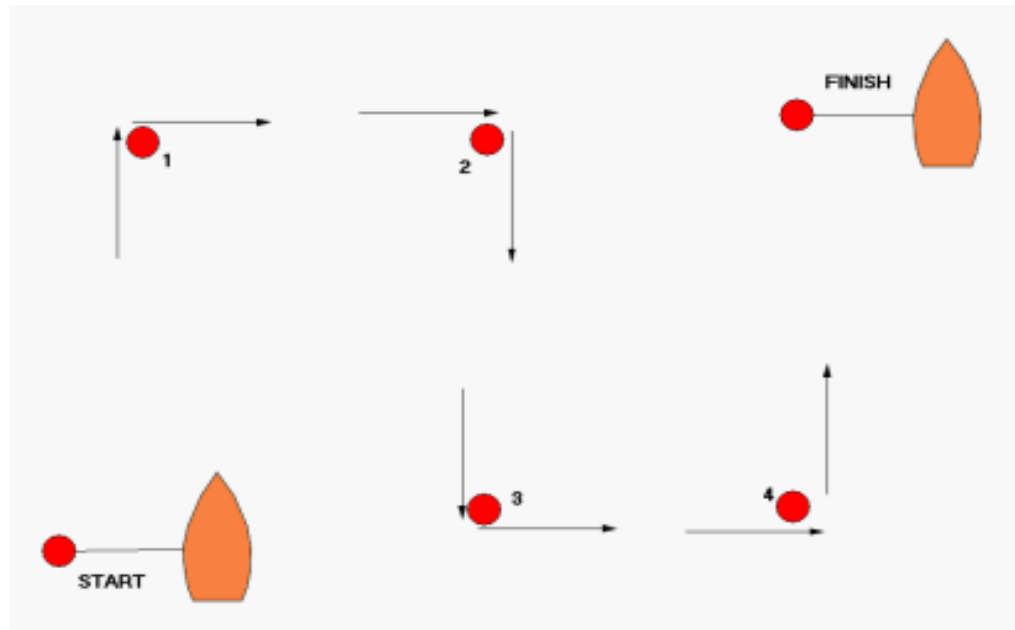
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14. Racing Area

The racing area will be in Dun Laoghaire Harbour and outlined during the umpire briefing.

Course

**Change
-over
AREA**



15. Marks

The marks on the course will be indicated at the umpire briefing. The race committee may move marks of the course at any time. RRS 27.2 and RRS33 will not apply.

16. Obstructions

Obstructions will be marked by buoys, and local obstructions will be outlined at the umpire briefing.

17. Start

The starting line will be between a staff (red and white pole) on the committee vessel and the Starting Pin mark. An inner limit mark (ILM) may be laid adjacent to the start boat. No boat shall pass between this mark and the start boat.

18. Finishing line

The finishing line will be between the staff (red & white pole) on the finish vessel and the Finish Pin mark. An inner limit mark (ILM) may be laid adjacent to the finish boat. No boat shall pass between this mark and the finish boat.



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19. Time limits

The time limit for each race shall be 15 minutes.

20. Starting signals

Races will be started by using the signals and timing selected in the following table. Times shall be taken from the start of each sound signal; the failure of a visual signal shall be disregarded. This amends RRS 26.

Signal	Time before Starting Signal	Sound	Visual Signals manual hooters
Warning	3 mins	Three Long	3 batons may be used
Preparatory	2 mins	Two Long	2 batons may be used
One-Minute	1 min	One Long	1 baton may be used
	30 secs	Three Short	Three Short
	20 secs	Two Short	Two Short
	10 secs	One Short	One Short
	5, 4, 3, 2, 1 sec(s)	One short every sec.	
Starting	0	One Long	One long no baton

Attention may be drawn to an imminent warning signal by a series of short sound signals. In the event of breakdown of the automatic sound signal system, hooters will be used and battens utilised to indicate the number of minutes remaining.

21. RECALL SIGNALS

When a boat is subject to RRS 29.1, flag X will not be displayed for more than 2 minutes after the starting signal; this amends RRS 29.1. The race committee may hail the sail numbers or the total number of premature starters at its sole discretion. There will be no general recalls.

22. TIME LIMIT FOR STARTING

A boat that fails to start within 2 minutes of her starting signal shall be scored RET (retired) without a hearing. This amends RRS 63.1 and D3.1(a). If a team fails to start the race (within the two minutes time limit) the race shall be awarded to the team that started correctly placing 1,2,3 without having to sail the course. Both teams shall return to the changeover area.



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